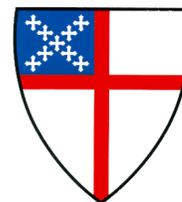


# St. Alban's Episcopal Church

Oakland, Franklin Lakes & Wyckoff



First Sunday of Lent  
Burying of the Alleluias  
The Great Litany  
March 1, 2020

WELCOME

## SERVICES THIS SUNDAY, March 1<sup>st</sup>

8 AM Holy Eucharist: Rite I  
10 AM Holy Eucharist: Rite II

All are welcome!

### SERVICE PARTICIPANTS FOR THIS SUNDAY, March 1, 2020 ~ First Sunday of Lent

Celebrant .....Rev. Kathryn L. King  
Eucharistic Minister.....Dave Ludwig  
Organist ..... Lisa Leigh Dempsey  
Ushers/Greeters ..... Don La Cass & George O' Neill  
Acolytes .....Willie Miles & Danny Phillips  
Lector..... Annabelle Felice & Maria Gargano  
Counters & Closers..... Don La Cass & Dave Ludwig

### SERVICE PARTICIPANTS FOR SUNDAY, March 8, 2020 ~ Second Sunday of Lent

Eucharistic Minister.....Don La Cass  
Organist ..... Lisa Leigh Dempsey  
Ushers/Greeters ..... Don La Cass & Paula Hoffman  
Acolytes ..... Sean Mohamed & Shane Mohamed  
Lector.....Sierra Mohamed &  
Counters & Closers ..... Don La Cass & Paula Hoffman

**\*\*If you are unable to serve on your assigned date, please reach out to a fellow service participant to fill in for you or contact the parish office. Thank you!**



**Just a reminder,  
our next vestry meeting is  
Tuesday, March 3<sup>rd</sup> at 7pm in the church.**

**We will hold our meeting one week later to accommodate  
the Franklin Lakes police department for an on-site safety  
assessment and planning meeting.**

### **VESTRY UNDERTAKING EMERGENCY PROCEDURE ASSESSMENT**

We want to be better prepared ... for everything! A week before Christmas Bob Block had a medical episode during worship. Everyone stepped in to help and thankfully we had a number of nurses and emergency responders in attendance that morning. Everything went well ... and it got us thinking. The Diocese has also been thinking about such things and Bishop Hughes sent a communication to all parishes to undertake an assessment of our facilities and procedures to adequately prepare and train for emergency situations. The Vestry has already begun and our moving forward will include safety and risk assessments with both the Franklin Lakes Police and the Risk Assessment Officer of Bergen County. Over the next number of months, we will, in small increments, share best practices and emergency procedures both verbally and in writing. We are conscious of undertaking these preparations and engaging in appropriate drills in such a way as to prepare but not scare, particularly our children. Although they are, unfortunately, all too familiar with safety drills that go beyond the fire drills of our youth. Here are a couple things we are implementing immediately and of which we want to make you aware:

1. Three of the four first floor school rooms have access to the center hallway and directly outside. Only one does not. Beginning last week we will only use the classrooms with double points of egress for our Sunday school classes.
2. During announcements on each of the Sundays for the next month we will include a safety announcement including such things as location of all doors and windows that can be used for exits (not all can) as well as the location of fire extinguishers and emergency pull boxes.
3. New emergency cards with specific information are being prepared and mounted at strategic places in the building to be used by anyone who needs to make a 911 call. This will also be placed near landline phones but most people carry cell phones.
4. The Vestry has done preliminary reviews of intercom notification systems so that we can communicate in real time with all our members in all areas of the building. The sub-committee will report back to the Vestry at the February 25th meeting.

We have scheduled our first evacuation/ fire drill for **Sunday, March 15th**. There will be a training session for Ushers / Greeters immediately following the service. The procedures being developed will include preparation for all ages and physical abilities.

We appreciate your cooperation as we undertake measure to keep St. Alban's both welcoming and safe.

Kathryn+



*St Alban's Friday Luncheon's  
Friday, March 13<sup>th</sup> @ Noon*

Come join us on the second Friday of the month at noon for good food and fellowship. We will be meeting at the Double Ai 107 Terhune Dr, Wayne; although we do change the location on occasion.

All are welcome for this time of conversation and getting to know each other better. Come once, every so often or all the time. Please join us. For more information, talk to Dagi Murphy at 201 745 8835.

**FLOW FOLLIES**  
34<sup>th</sup> Musical Comedy Production  
Ramapo · Indian Hills High School District  
Largest Scholarship Fundraiser

**The TWI-LIFE ZONE**

**FUN for ALL AGES**  
**SPECIAL GUESTS**  
American Idol Star  
**CONSTANTINE MAROULIS**  
Featuring Parents, Students & Community Volunteers

**FLOW Officials**  
RIH Football Coaches  
K-8 Kids' Choir  
FLOW Men Dancers  
and So Much More!

**FLOW NIGHT!**  
**Thursday \$5**  
FLOW Public Service Personnel & Employees  
With ID- Teachers, PD, FD, EMS etc...

**Sunday Special**  
Senior Citizen  
**\$10 Lunch & Show!**  
Reservations Required  
By 3/1/20  
201 739-8278

Members From **FRIENDS**

**★ March 5, 6, 7 @ 7:30pm**  
**8<sup>th</sup> 2:00pm**  
**Box Office** Student/Seniors: \$10 Adults: \$15 & Up  
Doors Open 30 Minutes Prior to Performances

Ramapo High School • 331 George St. Franklin Lakes

**WWW.FLOWFOLLIES.ORG**



**Kathryn and some fellow parishoners will be attending a performance of "The Little Mermaid" featuring St. Alban's own HELENA PALMER on Saturday afternoon, February 29<sup>th</sup> at the Wyckoff YMCA. We invite all of our St. Alban's friends to join us for the show and a bite to eat afterwards. Please see Kathryn for details.**

## CHURCH LEADER UNIVERSITY

*A training day for ALL congregational lay leaders to learn, network and celebrate your ministry!!!*

**Saturday, March 21  
7:45 AM to 12 noon**

**St. Elizabeth's Church  
169 Fairmount Road  
Ridgewood, NJ 07450**

GPS address: "212 California Street"

**COST:** \$20 per person

7:45 AM - Registration & Breakfast
8:15 AM - Plenary with Bishop Hughes
9:20 AM - Session A
10:45 AM - Session B
12 noon Adjourn

**Workshop topics include:**

- Parish Administration
- Churches in Transition
- Youth Ministry
- Church Finance
- Congregational HR
- New to Church Leadership?
- Housing Help for People with Special Needs
- Living after Loss
- Communications
- Church School
- Church Safety
- Stewardship
- Music Ministry
- **And more!**
- Spiritual Formation
- Welcoming Church



To register by the **March 16, 5PM** deadline, go to [dioceseofnewark.org/clu-spring-2020](http://dioceseofnewark.org/clu-spring-2020)

**Registration is required.**  
Walk-ins cannot be accommodated



## **Lenten Meditation**

*Published daily during Lent. Sign up to receive via email  
(or manage your existing subscription) at [dioceseofnewark.org/meditations](https://dioceseofnewark.org/meditations).*