



St. Alban's Episcopal Church
Lent 2021

Dearest Saints of St. Alban's,

In your hands you now have a nearly endless assortment of opportunities to engage your faith journey from Ashes to Easter. This year my clergy colleague group and I have combined and consolidated our efforts to increase the offerings for all the members of our respective congregations. The ZOOM format gives us a wonderful way to come together with those both far and near and increase the number of folks with whom we engage in this journey. I am very excited to both offer and participate in these many opportunities.

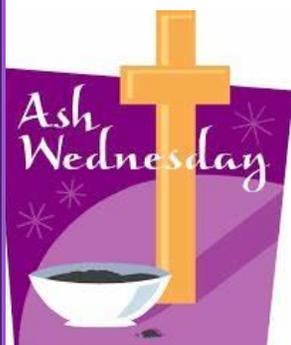
The parish participating include: St. Alban's, Oakland / Franklin Lakes; All Saints, Millington and the Reverend Victoria McGrath; St. Peter's, Livingston and the Reverend Elizabeth Wigg-Maxwell; St. Gregory's Parsippany and the Reverend Susan Sica; St. Paul's, Chatham and the Reverend Mary Davis; and Our Savoir, Denville and the Reverend George Wong.

Descriptions and Zoom links are provided. There are some overlaps in timing so choose what bests fits your interests and availability.

I invite you, in the name of the church, to the observance of a holy Lent ...

God's peace,

Kathryn+



Ash Wednesday is February 17th. We are not allowed any in-person distribution of ashes. I have put together Ashes to Go packets that are hanging on the church office door in a gift bag. Each household is encouraged to pick one up for home use.

Morning Prayer: St. Gregory's

**Monday - Saturday
throughout Lent**

8:30 - 9AM

Zoom:

<https://zoom.us/j/9738875879?pwd=VThnTUNCQitL2xYWGhSazR1VGZmdz09>

Or join in Zoom App:

Meeting ID: 973 887 5879

Password: stg



Compline
Night Prayer

Compline: All Saints'
Every night at 9:30 PM

<https://www.facebook.com/allsaintsmillington/>

Bible Study ~

**The Sunday Gospels for Year B and Collects
Wednesdays ~ 10:15 - 11:30 AM on ZOOM**

Email allsaints_rector@hotmail.com for log-in credentials.



Our Daily Centering Prayer



7:30 AM Monday to Friday
- join every or any day through the season of Lent.
You can join us on any given day.

~ZOOM Information for Daily Centering Prayer~
Use the following to join via internet connection, smartphone
or landline phone:

Internet

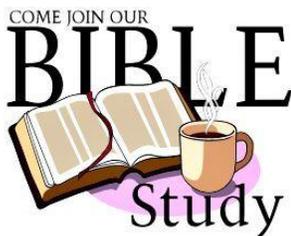
<https://us02web.zoom.us/j/8286248847?pwd=cFRYMytSZTFHVmIUUVUhlL1I3K2V0dz09>

Smartphone One tap mobile +13017158592,,8286248847#

Landline Phone, dial +1 929 205 6099. When prompted enter Meeting ID: 828 624 8847
and use Passcode: COTS

Racial Reconciliation Study Group

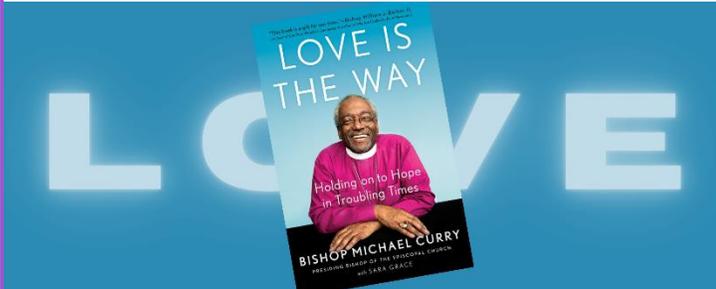
In the planning stage but will likely be on Wednesdays at 7 PM
throughout Lent. Will follow the format set by Bishop Hughes
in her January study.



COTS BIBLE STUDY

Scott Bennett and Ken Boccino will lead a Bible Study on Sundays in
Lent at around 10 AM. ZOOM Information will follow if anyone is
interested.

BOOK GROUPS FOR ADULTS, TEENS & YOUTH



Adult Book Study - Love is the Way:
Holding on to Hope in Troubled Times
By: Presiding Bishop Michael Curry

Wednesday evenings at 7 PM

FORMAT: Opening Prayer, discussion, questions provided by Presiding Bishop, closing prayer. 2 Chapters a week with each clergy taking a night.

2/17 Ash Wed - no meeting

2/24 Intro, Ch 1, 2

<https://us02web.zoom.us/j/87340439697?pwd=cVp0SFR1QXZ4Q1VBUEV4Q05Rdz09>

Meeting ID: 873 4043 9697 Passcode: 687908

3/3 Ch 3, 4, 5

<https://us02web.zoom.us/j/9739921932?pwd=QU14OXNiL1ZqZk1TeVNOaGZJY0FVZz09>

Meeting ID: 973 992 1932

Passcode: spec

Dial-in by phone +1 646 558 8656 US (New York) Meeting ID: 973 992 1932 Passcode: 689574

Additional log-in information will be provided closer to date.

3/10 Ch 6, 7, 8

3/17 Ch 9, 10, 11

3/24 Ch 12, Appendix

**~ Narnia Book Group –
older teens and adults**



“The Silver Chair” (Chronicles of Narnia)

By: C.S. Lewis

All Saints’

Sundays from 4-5:15 PM.

Readings two chapters before gathering each week.

ZOOM MEETING DATES:

2/21 Ch. 1 & 2

2/28 Ch. 3 & 4

3/7 Ch. 5 & 6

3/14 Ch. 7 & 8

3/21 Ch. 9 & 10

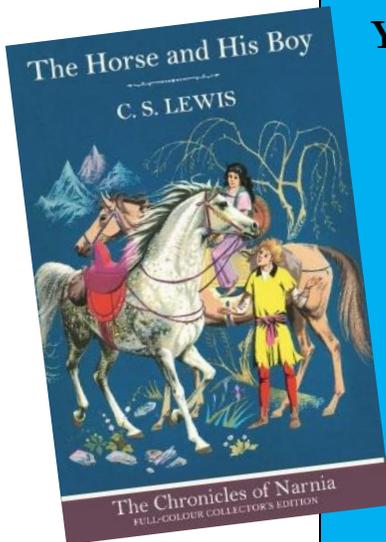
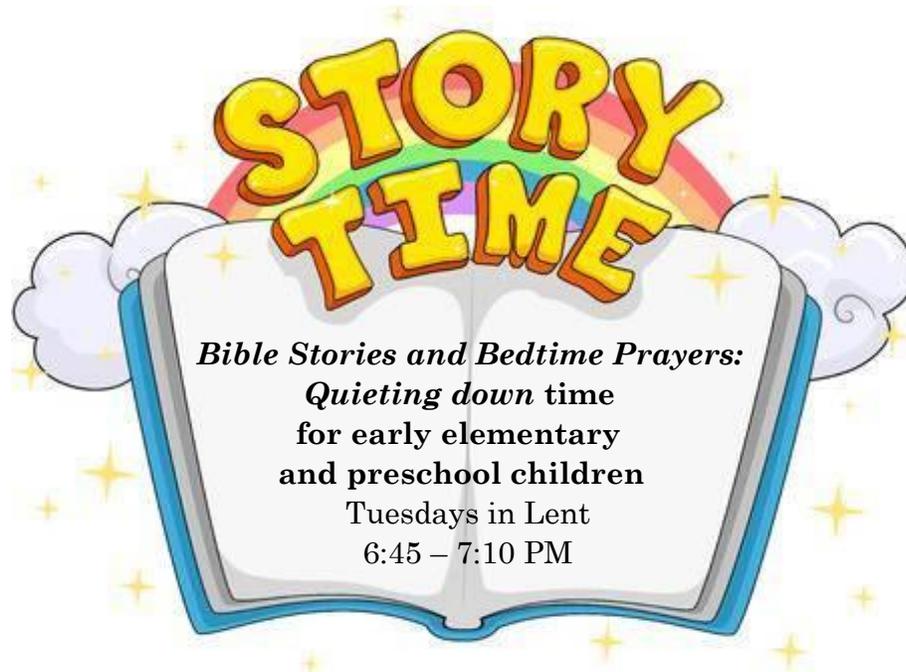
3/28 Ch. 11 & 12 (Palm Sunday)

4/4 No Meeting (Easter Day)

4/11 Ch. 13 & 14

4/18 Ch. 15 & 16

Please email All Saints’ at allsaints_rector@hotmail.com to sign up and for log in credentials



Youth Chronicles of Narnia: The Horse and His Boy, Book 3 Tuesday Evenings ~ 7:15 – 8:15 PM

Join with Reverend Kathryn King to continue reading through this beloved series. Participants may choose to take turns reading or simply enjoy being read to by others in the group. We will typically do a brief 5-10 minute check in, read for about 40 minutes, and use the last 10 minutes for reflections and closing prayer. There is no outside reading required as we will read it aloud together. All are welcome.

***The following link is for both the Tuesday evening programs.
Please sign-on at the appropriate time.***

Topic: Bible and Bedtime Stories 6:45 / Chronicles of Narnia 7:15 PM

Time: Feb 23, 2021 06:45 PM Eastern Time (US and Canada)

Every week on Tue, 5 occurrence(s)

Feb 23, 2021 06:45 PM

Mar 2, 2021 06:45 PM

Mar 9, 2021 06:45 PM

Mar 16, 2021 06:45 PM

Mar 23, 2021 06:45 PM

Join Zoom Meeting

<https://us02web.zoom.us/j/85896886522>

Meeting ID: 858 9688 6522

Faithful Families Intergenerational Programs

11:45 AM Following morning services

➔ 1st Lent: Longing for the Waters of New Birth

Creating a 'font' at home and fill with sand and rocks for the desert. In font in church, I fill with sand and rocks and talk about our longing for the waters of Baptism at Easter. This gives a nice focal point with tea light in it - can be worship / altar focal point. Please gather a bowl, rocks, two sticks, piece of twine, and tea light prior to our gathering.



➔ 2nd Lent: Blankets for Linus Project

This is an easy outreach project to create blankets for first responders to carry and to be given to hospitals for distribution to children and teens in need of comfort. Each blanket requires a 60" X 60" piece of heavy fleece fabric. You will also need a good pair of scissors, blue painters tape, a ruler, and piece of construction paper.



➔ 3rd Lent: Jonah and the Great Fish

~God welcomes U Turns~

Jonah and the Great Fish - Repent / U Turns

Art project – Please have good sized piece of watercolor or multipurpose paper, water- color set, crayons, and newspaper to cover the area.



➔ 4th Lent: Planting Living Baskets

As a living sign of the resurrection we will plant live Easter baskets. You will need a basket, soil, large zip lock baggie to line your basket, foil, wheat grass, and saran wrap. You may also add a small pansy for additional color! Wheat grass will be mailed to you by contacting the St. Alban's parish office no later than Friday, March 5th.



➔ 5th Lent: Prayers and Pretzels

We will make pretzels and learn about their traditional place in teaching about prayer in the Lenten season. You will need a packet of active dry yeast, flour, water, basic cooking bowls and measuring items, and an participating adult!



Palm Sunday at 3, 3:30, and 4 PM: Crafts and Projects to Prepare for The Great Feast!
Making Palm Crosses, Easter bonnets, Resurrection Garden table center pieces. Every half hour a different project will be taught and completed! Join for one or all!!!

Supply lists:

3 PM Palm Crosses: You will need your palms or similar green fronds from your yard and a pair of scissors.



3:30 PM Resurrection Garden Table Centerpieces for Easter

- A large shallow bowl or basket
- Potting soil
- Green moss
- Small landscaping rocks / pebbles
- Small sticks and twigs to form three crosses
- 6-8" square of white cotton
- Small terra cotta pot (to be on it's side for the tomb)
- A flat rock sufficient size to cover the opening of the terra cotta pot



4 PM Easter Bonnets for all! A great project for both boys and girls to show their creativity and prepare for an Easter hat show!

- Brown paper bag or multiple pieces of white easel paper
- Blue painters tape or masking tape
- A Bowl about the size of your head to use as a form
- Ribbon, artificial flowers, small seasonal trinkets to use for decoration



Glue

You may choose to either paint your hat or decoupage it with bright colored tissue paper. So please have either paint and brushes OR tissue paper, and water and glue to make solution.

Lots of newspaper to cover you work area!



